

MAINS

SERVED WITH YOUR CHOICE OF CHIPS, SALAD OR SPINACH & BUTTERNUT

CHICKEN PREGO **R80**
150g chicken served on a prego roll in a delicious prego sauce

BEEF PREGO **R105**
150g steak served on a prego roll in a delicious prego sauce

SKINNY LAMB CHOPS 250G **R155**
perfectly flame grilled lamb chops

SKINNY LAMB CHOPS 500G **R280**
perfectly flame grilled lamb chops

PASTITSIO FULL **R120**
layers of macaroni, mince beef, bechamel sauce topped with cheese, baked in the oven & served with cyprus salad

MOUSSAKA FULL **R120**
layers of brinjal, potatoes, baby marrow, mince beef, bechamel sauce & cheese, oven baked & served with cyprus salad

VEGETARIAN MOUSSAKA FULL **R120**
layers of brinjal, potatoes, baby marrow topped with neapolitana sauce & cheese, oven baked & served with cyprus salad

CHICKEN SCHNITZEL **R125**
two chicken breasts breaded & deep fried served with cheese sauce

PASTA

CHOICE OF SPAGHETTI OR PENNE

NEAPOLITANA **R80**
filos spicy tomato salsa

BOLOGNESE **R100**
classic bolognese sauce with beef mince, carrots & neapolitana

CHICKEN & BROCCOLI **R105**
creamy white sauce with grilled chicken & broccoli

TRINCHADO CHICKEN **R115**
creamy spicy prego sauce with chicken cubes & kalamata olives

TRINCHADO BEEF **R135**
creamy spicy prego sauce with rump cubes & kalamata olives

HAM ALFREDO **R105** **NEW**
creamy white sauce with hickory ham & mushrooms

SPECIALITY PASTAS

SERVED WITH TAGLIATELLE

CHICKEN RIGANATO **R105** **NEW**
creamy lemon, organum, chicken on a bed of tagliatelle

CREAMY GARLIC MUSSELS **R110** **NEW**
mussels in a creamy garlic sauce & parsley on a bed on tagliatelle

KEFTEDES (MEATBALL) **R105** **NEW**
three keftedes served on a bed of tagliatelle & neapolitana sauce

NISTISIMO - VEGAN

FAKES - LENTILS **R90**
lentil soup dish with rice, chopped red onion & carrots

FASOLATHA **R90**
giant butter beans prepared with neapolitana sauce, potatoes, carrots, celery & red onion

REVITHIA - CHICKPEAS **R90**
prepared with carrots, celery, potatoes, red onion, lemon juice, olive oil, herbs & added spinach

FIAOS COMBOS

SERVED WITH CHIPS, SIDE SALAD, SPINACH AND BUTTERNUT OR ORZO

FISH & CALAMARI **R195**
200g hake & calamari

SOLE & CALAMARI **R210** **NEW**
400g sole & calamari

SOLE & MUSSELS **R200** **NEW**
400g sole & 6 cream garlic mussels

DESSERT

BAKLAVA **R60**
mixed nuts wrapped in phyllo pastry & soaked in syrup

GALAKTOBOUREKO **R55**
phyllo pastry served warm, filled with custard & topped with syrup

HALVA ICE CREAM **R60**
delicious creamy vanilla ice cream topped with halva & turkish delight

KING GELATO **R35**
from our gelato fridge

BAKLAVA ICE CREAM **R70** **NEW**
luscious fusion of homemade ice cream with phyllo pastry pieces, syrup & almond and pistachio nuts

FIAOS

KITCHEN • COFFEE BAR • DELI



BREAKFAST

MUESLI BOWL **R80**
muesli, greek yoghurt, seasonal fruit & nuts

GREEK YOGHURT **R80** **NEW**
greek yoghurt double thick topped with mixed nuts & honey

YOUR CHOICE OF TOAST: BROWN OR WHITE OR PITA BREAD
YOUR CHOICE OF EGGS: FRIED (SOFT / MEDIUM / HARD) OR SCRAMBLED

VEGETARIAN BREAKFAST **R130**
2 eggs, mushroom, grilled tomato, baked beans & avocado

CLASSIC BREAKFAST **R115**
2 eggs, 2 rashers bacon, grilled halloumi & grilled tomato

RISE & SHINE BREAKFAST **R75**
2 eggs, 2 rashers bacon, grilled tomato & chips

FRENCH TOAST **R50**
2 slices bread soaked in beaten egg with honey & cinnamon

FRENCH TOAST WITH BACON & CHEESE **R95**
2 slices bread soaked in beaten egg with honey, cinnamon, bacon & cheese

VILLAGE BREAKFAST **R70**
1 egg, 1 toast, 2 rashers bacon, slice of grilled tomato & pork banger

CYPRUS STYLE BREAKFAST **R85** **NEW**
2 scrambled eggs, mixed with potatoes & baby marrow, topped with spring onion & grated halloumi
add loukaniko **R45**
add jumbo cheese griller **R30**

GRILLER BREAKFAST **R80** **NEW**
1 egg, 1 toast, 2 rashers bacon, slice of grilled tomato & jumbo cheese griller

AVO ON TOAST **R80**
2 slices toast topped with 2 eggs, cream cheese, grilled tomato & avo (seasonal)

HUNGER BREAKFAST **R135**
2 eggs, 3 rashers bacon, beef patty, pork banger with relish, grilled tomato & chips

GREEK OMELETTE **R105** **NEW**
3 egg omelette with spinach, tomato, red onion, feta & olives

OMELETTE WITH CHEESE & TOAST **R70**
3 egg omelette with cheese

Fillings Extra:
Tomato, onion, green peppers, rocket **R12** Mushrooms, avocado (seasonal) **R25**
Bacon, chicken, ham, halloumi, feta **R25** Mince, cheese griller, pork banger **R25**

BREAKFAST WRAP **R80** **NEW**
home-made pita bread with scrambled eggs, tomato, feta, bacon, mayo, spring onion & small chips

TOASTIES - TRAMEZZINI

SERVED WITH CHIPS OR A SIDE SALAD
(MOZZARELLA BASE ON ALL TRAMEZZINI'S)

	TOASTIE	TRAMEZZINI (MOZZARELLA BASE)
cheese & tomato	R55	R75
hickory ham, cheese & tomato	R65	R85
bacon, egg & cheese	R60	R80
chicken mayo	R65	R85
tuna mayo	R65	R85
spinach, feta & mozzarella NEW	R60	R80
grilled chicken strips, mozzarella & sweet chilli sauce	R75	R95
bacon, avocado, feta & mozzarella	R75	R95
salami, mozzarella & olives NEW	R65	R85
grilled halloumi, tomato & mozzarella NEW	R65	R85

STO PLAI - SIDES

halloumi fries	R55
chips seasoned with our own special chip spice	R35
spinach & butternut NEW	R35

SALADS

ΦΙΛΟΣ HORIATIKI a typical greek salad made with tomato, cucumber, red onion, feta & olives seasoned with olive oil & organum	SML R60	LRG R100
ΦΙΛΟΣ CHICKPEA & HALLOUMI SALAD chickpeas, avocado, beetroot, rocket, brinjal, halloumi with a citrus dressing & pita	R70	R120
ΦΙΛΟΣ CYPRUS SALAD cabbage, rocket, coriander, lemon & olive oil	R60	R100
ΦΙΛΟΣ CHICKEN SALAD lettuce, tomato, cucumber, red onion, chicken, avocado, celery, peppers & parmesan shavings	R85	R150
ΦΙΛΟΣ CALAMARI SALAD grilled calamari, red onion, peppers, cucumber, cabbage, fresh apple slices & topped with a creamy lemon mayo dressing	R90	R165

MEZEDAKIA - STARTERS

FRIED HALLOUMI cypriot goats cheese deep fried served with sweet chilli sauce	R70
BRINJAL STACK deep fried brinjal topped with parmesan cheese & a dollop of skordalia	R55
FRIED CALAMARI 150g calamari topped with creamy lemon butter sauce	R75
CHICKEN LIVERS chicken livers served with pita bread (choice of lemon & herb, mild or hot peri)	R70
TIROPITA 3 crispy phyllo pastry triangles filled with cheese & mint	R45
SPANAKOPITA 3 crispy phyllo pastry triangles filled with spinach & feta	R45
KEFTEDES 3 mamma's homemade meatballs served with tomato salsa	R55
FALAFELS three deep fried chickpea balls served with a dollop of hummus	R45
MUSSELS NEW 6 mussels served with garlic butter sauce & pita	R70



DIPS

all dips served with pita bread

TZATZIKI greek yoghurt, garlic, lemon juice & cucumber	R45
TARAMOSALATA a tangy cod roe blend with a gentle seafood flavour	R45
HUMMUS blended chickpeas, tahina, garlic & lemon juice	R45
OLIVE TAPENADE kalamata olive paste NEW	R55
MELIZANOSALATA roasted eggplant, garlic, herbs, lemon juice & olive oil NEW	R45
HTIPITI blended roasted red peppers, chilli, olive oil & feta	R55
SKORDALIA blended boiled potatoes, parsley & garlic	R45
EXTRA PITA BREAD 4 triangles brushed with olive oil & organum	R20

PSARIA - FISH

SERVED WITH CREAMY LEMON BUTTER SAUCE & A CHOICE OF CHIPS OR SIDE SALAD OR SPINACH & BUTTERNUT OR ORZO

CALAMARI 250g tender grilled or fried calamari tubes & heads	R155
HAKE traditional floured 200g hake grilled or deep fried	R95
SOLE NEW 400g sole grilled to perfection in lemon butter	R135

SOUVLAKIA - WRAPS

SERVED WITH CHOICE OF SALAD OR CHIPS

ΦΙΛΟΣ SOUVLAKI tomato, onion & tzatziki	R95	R95	R120	R125
MIX SOUVLAKI tomato, onion, tzatziki & sheftalia	R115	R115	R130	R135
KAPSERO (HOT) tomato, red onion & htipiti ADD: EXTRA SKEWER	R100 R50	R100 R50	R125 R60	R130 R70 R95 R50
SPICY BEEF KOFTA NEW tomato, onion, tzatziki & mince skewer ADD: EXTRA SPICY BEEF KOFTA SKEWER				
FALAFEL tomato, red onion, hummus, halloumi, rocket & coriander				R95
CHICKPEA hummus, mayo, tomato, red onion, rocket, parsley & halloumi				R95
AEGEAN tomato, red onion, fried calamari & taramosalata				R125
HALLOUMI WRAP grilled halloumi, tomato, onion & tzatziki				R95
KEFTEDES WRAP NEW 3 meatballs, tomato, onion & tzatziki				R95
PRAWN WRAP NEW 3 prawns, avo, rocket, tomato, onion & sweet chilli mayo				R145

BURGERS

SERVED WITH LETTUCE, DILL CUCUMBER, TOMATO RELISH & ONION
WITH YOUR CHOICE OF FRIES OR SALAD

				GREEK	
CHICKEN	R100	R100	R95	R100	R130
BEEF	R110	R110	R105	R110	R140
DOUBLE UP CHICKEN	R125	R125	R120	R130	R155
DOUBLE UP BEEF	R140	R140	R135	R140	R170

MEALS

SERVED WITH CHIPS OR HORIATIKI SALAD OR SPINACH & BUTTERNUT

CHICKEN KEBAB MEAL 2 skewers chicken served with pita bread, choice of side & choice of dip	R145
PORK KEBAB MEAL 2 skewers pork served with pita bread, choice of side & choice of dip	R145
LAMB KEBAB MEAL 2 skewers lamb served with pita bread, choice of side & choice of dip	R180
BEEF KEBAB MEAL 2 skewers beef served with pita bread, choice of side & choice of dip	R190
BEEF MINCE KOFTA KEBAB MEAL NEW 2 skewers beef spicy mince kofta with pita bread, choice of side & choice of dip	R145